

The Amazing Aloe Vera Plant!© by Dan Pemble, Kissimmee, Florida

Original article February 25, 2017 – Revised January 14, 2020

Some time ago, my wife & I planted a single aloe vera plant in a pot on the patio of our Florida home. Our intent was to derive some topical or other possible medicinal healing benefits from this plant and it has afforded us just that! In fact, although we don't have a vast number of experiences about its benefits, we have both enjoyed some almost-instantaneous relief from minor skin irritations simply by trimming off one of this plant's appendages & rubbing its "sap-like" juices directly onto our skin!

Following are a couple photos of the aloe vera plant on our patio, as taken on February 17, 2017; the miniature "banana-like" greenish/yellow flowers it produced were a nice surprise to us! This plant was eventually given away and our current plant, as of January 14, 2020, and some of its cuttings are as shown on the second page of this article.



A Wikipedia site, https://en.wikipedia.org/wiki/Aloe_vera, states (quote):

Aloe vera is a plant species of the genus Aloe. It grows wild in tropical climates around the world and is cultivated for agricultural and medicinal uses. Aloe is also used for decorative purposes and grows successfully indoors as a potted plant.

It is found in many consumer products including beverages, skin lotion, or ointments for minor burns and sunburns. There is little scientific evidence of the effectiveness or safety of Aloe vera extracts for either cosmetic or medicinal purposes. Studies finding positive evidence are frequently contradicted by other studies. Unquote.

Well, although my wife and I cannot personally attest to any benefits beyond our success in using the plant's juices for topical skin treatments, neither can we deny that the plant may indeed have many additional benefits! Perhaps the medical community is in denial because they would rather prescribe drugs – most of which are nothing more than synthesized products of nature!? Who knows what their motivation is!? The following site (one of several available) suggests up to 40 uses for the amazing aloe vera plant. Do have a look at the site, give this plant a try for the suggested uses, and form your own conclusions!

<https://health.howstuffworks.com/wellness/natural-medicine/herbal-remedies/amazing-aloe-vera.htm>



Our Aloe Vera Plant as of January 14, 2020



**Refrigerated-cuttings from our January 14, 2020 Aloe Vera Plant –
Ready to Perform a Few Healing Miracles!**